ATB

ARIZONA TOTAL BASEBALL

DIRECTOR: JOE LEFEBRE 602-332-7156 PO BOX 55705 PHOENIX AZ 85078 AZJOE10@AOL.COM

11th Annual ALASKA “FUNDAMENTALS” BASEBALL CAMP

FAIRBANKS

“Learn the Game and Have Fun”

July 15-16, 2019 Monday - Tuesday Goldpanners Stadium

 Session 1 Grades 1-6 8:30-11:00 am each day Cost $110(PREREGISTRATION)

Session 2 Grades 7-12 11:30- 3:00 pm each day Cost $125 (PREREGISTRATION)

Featuring:

Joe LeFebre New York Yankees Associate Scout

Ron Fante – 6 Absolutes of Hitting

Doug Peden – Colorado Pitching Arsenal

PANNERS PLAYERS

**Skills and Topics to be covered:**

Throwing fundamentals and improving arm strength

Fielding fundamentals and improving range

Hitting fundamentals and increasing power and batspeed

Pitching Mechanics \*Catching Fundamentals

Baserunning Skills \* Self Improvement Drills

Importance of Academics and Character

Next Level Opportunities

You will have **FUN** and learn more about the Game!

**Camp Format and Schedule:**

1. Introductions- Stretching- Throwing Fundamentals and Drills to Improve Arm Strength and Accuracy
2. Fielding Fundamentals and Drills, King of the Infield
3. Team Defense, Individual Position Work- Pitchers, Catchers, Infielders, Outfielders
4. Hitting Mechanics and Drills to improve power and batspeed
5. Bunting and Baserunnning Fundamentals
6. Teambuiding, Team Offense and Defense Drills

FOR FURTHER INFO CONTACT :

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**Please register and pay online at** [**www.azrmtotalbaseball.com**](http://www.azrmtotalbaseball.com)

**Fairbanks Alaska Baseball Camp Page**

**CAMP 1 GRADES K-6 $110 IF PREREGISTERED BY July 10 $125 AFTER July 12 INCLUDING DAY OF CAMP**

**CAMP 2 GRADES 7-12 $125 IF PREREGISTERED BY July 10 $150 AFTER July 12 INCLUDING DAY OF CAMP**